



# PONDEROSA PROPERTY OWNER'S ASSOCIATION

November **NEWSLETTER** 2012

## President's Message

Greetings:

November 2012

I hope everyone had a great summer. Winter is on its way. We already had snow on October 11th which lasted about a day and a half. With the arrival of fall, the aspens now are turning color and losing their leaves.

Since the last newsletter, we have had some Fire Brigade training and a Brigade appreciation BBQ. Look for more information in the newsletter.

I would like to welcome Alvie Kracik as our newest board member and thank her for volunteering to be the PPOA secretary.

The PPOA Thanksgiving Potluck party will be at Brewer's Ponderosa Lodge again this year. The date is November 24th at 5 P.M. There are more details in the newsletter.

Again, I encourage anyone who is not a member of the PPOA, to consider becoming a member. There is a membership form available on line at the community web site: [www.ponderosaca.com/pondo](http://www.ponderosaca.com/pondo)

You can also find the PPOA meeting minutes and newsletters there.

Regards,  
Kit Korf  
PPOA President





PPOA  
Annual Thanksgiving Potluck

Saturday November 24, 2012  
At Brewer's Lodge  
5.00 pm till 8.00 pm

Mark the date!  
This year we will again  
get together for our  
Thanksgiving Potluck  
at Brewer's Lodge.

Bring your favorite dish  
to share .

There will be a no-host  
bar at the lodge.



Have a recipe or article you would like to see published?

Contact Julie at [ppoanewsletter@gmail.com](mailto:ppoanewsletter@gmail.com)

Distribution: 250

To place an ad: email [ppoanewsletter@gmail.com](mailto:ppoanewsletter@gmail.com)  
Personal ads are free for PPOA members space permitting.

\$5- Business card

\$10- 1/4 page

\$25- Full page

\$15- 1/2 page

\$40- Both sides of page

## Protect Your Family from Carbon Monoxide Poisoning

### Safety Tips

- Have your home heating systems (including chimneys and vents) inspected and serviced annually by a trained service technician.
- Never use portable generators inside homes or garages, even if doors and windows are open. Use generators outside only, far away from the home.
- Never bring a charcoal grill into the house for heating or cooking. Do not barbeque in the garage.
- Never use a gas range or oven for heating.
- Open the fireplace damper before lighting a fire and keep it open until the ashes are cool. An open damper may help prevent build-up of poisonous gases inside the home.
- Install battery-operated CO alarms or CO alarms with battery backup in your home outside separate sleeping areas.
- Know the symptoms of carbon monoxide poisoning: headache, dizziness, weakness, nausea, vomiting, sleepiness, and confusion. If you suspect CO poisoning, get outside to fresh air immediately, and then call 911.

### Know the Symptoms of CO Poisoning

•Because CO is odorless, colorless, and otherwise undetectable to the human senses, people may not know that they are being exposed. The initial symptoms of low to moderate CO poisoning are similar to the flu (but without the fever). They include:

◦Headache-Fatigue-Shortness of breath-Nausea-Dizziness

•High level CO poisoning results in progressively more severe symptoms, including:

◦Mental confusion-Vomiting-Loss of muscular coordination-Loss of consciousness-Ultimately death

•Symptom severity is related to both the CO level and the duration of exposure. For slowly developing residential CO problems, occupants and/or physicians can mistake mild to moderate CO poisoning symptoms for the flu, which sometimes results in tragic deaths. For rapidly developing, high level CO exposures (e.g., associated with use of generators in residential spaces), victims can rapidly become mentally confused, and can lose muscle control without having first experienced milder symptoms; they will likely die if not rescued.

Get outside for fresh air immediately if you suspect you have been exposed to carbon monoxide. Flu-like symptoms, including headache, dizziness and feeling sick, are all signs of carbon monoxide exposure. If you believe there is a carbon monoxide leak inside your home, move outside immediately and call 911, especially if more than one person suddenly experiences the symptoms.

•Got a carbon monoxide detector? According to Glenn Tritch, an employee of Tritch Hardware Co. in Los Angeles, California, carbon monoxide detectors should be maintained. "Treat your carbon monoxide detector like a smoke detector," Tritch said. "Change the batteries every six months and replace the detector right away if you notice that it starts to malfunction."

•Place carbon monoxide detectors throughout your home. "You should place carbon monoxide detectors in your hallway between bathrooms and place one detector on every floor," Tritch advised. In addition, some smoke detectors also have a smoke detector feature, combining two life-saving devices in one. "Some carbon monoxide detectors are completely battery powered and some detectors can be plugged in directly to an electrical outlet with a battery backup power source," he said. A backup power source is ideal if you live in an area with frequent power outages.

## CALENDAR

November	24	PPOA Thanksgiving potluck 5 pm at the lodge
	25	PPOA Board Meeting 11 am, PCSD Buliding
	22	Thanksgiving Day
December	22	Community Christmas party and white elephant gift Exchange 5-9pm at the lodge
	25	Christmas Day



# Brewer's Ponderosa Lodge

559-542-2579

- Winter Hours:
- Weekdays 9am—6 pm Weekends 8am—7pm
- Closed Tuesday and Wednesday (When Western Divide closes)
- Thursdays 5—7pm: Happy Hour 1/2 price appetizers and drink specials.

## Important Dates:

Nov. 25th 5-9 pm PPOA Thanksgiving potluck (we will supply main dish).

Dec 22nd 5-9pm Community Christmas party potluck and white elephant gift exchange (we will supply main dish).

Dec 31st New Years Eve dinner: ***Call for reservations please!***

Have you entered the Snow Pool? \$1.00 per guess for the first 1" of snow at the fuel pumps.



## Time to Winterize Your Cabin

As another Summer comes to an end, and the temperatures start to drop you want to think about how you 'left' your cabin on your last trip, or more accurately if you properly winterized in preparation for the Winter. When Should You 'Partially' Winterize: Anyone that does not live in their residence "full time", and those full time residents that leave for extended periods of time for vacations, etc. should 'partially' winterize as a precaution by turning off their water, even in the Summer months. It only takes a few minutes and if a leak/break occurs, the only amount of water that can potentially leak out will be what is actually in the lines at the time.

How To Winterize: While the 'set up' in each cabin can differ, the following is a simplified version of the procedure;

- 1) First determine if your Water Heater is propane or electric. If propane, go to the Water Heater and turn the settings dial to 'vacation'. Older Water Heaters may not have a 'vacation' setting, if so turn the dial to 'pilot'. If your Water Heater is electric, go to the main electrical service panel (typically on the exterior of the cabin) and find the 'breakers' marked Water Heater. Turn them off.
- 2) Go into the 'sub area' (underneath the cabin) and find the water supply line where it enters the foundation. This will 'typically' be a copper line coming out of the ground. The 'shut off' valve may be either a round handle not unlike the handle to your hose bib, or it can also be a 'directional' handle. If it is a directional handle, turn it until the handle is at a 90 degree angle to the incoming water line.
- 3) Once the water is turned off, find the lowest water faucet (preferably on the exterior) and open the faucet, and leave it open. If there is no exterior faucet, open whatever faucet is at the 'lowest' elevation point in the cabin.
- 4) Now, go back through the cabin and open every water faucet, shower/tub faucet, and flush every toilet. As an additional safety measure, make sure to partially open the shower head 'diverter' valve, if so equipped. Your goal is to eliminate as much water from the system as possible.
- 5) Next, pour a 'cap full' of antifreeze into each and every drain in the cabin including shower drains, sink drains, and toilets.
- 6) Lastly, close the door to your Dishwasher (if applicable) and turn on the Dishwasher for just a few seconds. This will activate the solenoid in the Dishwasher allowing what little water is in the line serving the Dishwasher to drain and prevent the plastic solenoid from freezing and breaking.

Conclusion: Even though you (or a service provider) properly shut down and drained your cabin, it is virtually impossible to evacuate all of the water from the system. There will always be an amount of water still in the pipes. The amount of water depends on if the plumbing system was properly 'sloped' when it was installed. When we experience freezing conditions, the remaining water in the system can still freeze and result in broken pipes. If you or someone else has not been to your cabin recently, I have very strong words of caution. Do not turn on the water and leave the cabin without looking and listening for breaks!



## CAYENNE'S MOROCCAN CHICKEN SOUP

Note: Adapted from a recipe by executive chef Noura Elmasser of Cayenne Restaurant on Beverly Boulevard in Los Angeles

Total cook time: 45 minutes

Servings: 6

Cracked wheat can be found at select cooking & health food stores, as well as online.

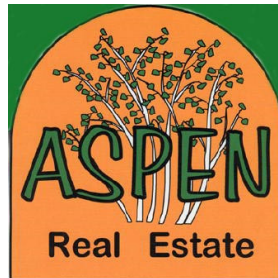
1 tbsp. olive oil, 1 red onion, finely chopped, 2 cloves garlic, finely chopped, 2 carrots, diced, 1 stalk celery, diced, 1 cooked, boneless and skinless chicken breast, diced (about 2 cups) 1 cup cooked garbanzo beans, 1/3 cup diced tomato, 2 bay leaves, 1 tsp. basil, 1/2 tsp curry powder, 1/2 tsp cinnamon, salt & pepper to taste, 1/4 cup cracked wheat No.1 (fine grind) or just use whole wheat flour. 4 to 5 cups chicken broth, more if desired.

1. Add the oil to a large pot heated over medium-high heat until hot. Stir in the onion and sauté until softened and starting to color, 2 to 3 minutes. Stir in the garlic.
2. Stir in the carrots, celery, chicken, garbanzo beans, tomato, bay leaves, basil, curry powder and cinnamon. Season with one-half teaspoon each of salt & pepper. Stir for a few minutes to warm the vegetables.
3. Stir in the cracked wheat (or whole wheat flour) and 4 cups broth, and bring to a boil over medium-high heat, stirring frequently.
4. Reduce the heat to a simmer and cook, loosely covered, until the vegetables are tender, about 15 minutes, stirring occasionally. Taste and adjust the seasoning as desired; we added an additional three-fourths teaspoon of salt (seasoning will vary depending on the chicken broth used and personal taste). The soup may be a bit thick; add more broth to thin if desired. This makes about 1 1/2 quarts of soup.

### ALPINE VILLAGE

- ▶ Appraise the value and selling price of your property
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at [www.ponderosaaspen-realestate.com](http://www.ponderosaaspen-realestate.com) or [Realtor.com](http://Realtor.com).



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### Farmers' Almanac's long range weather predictions SW US

#### November 2012

**1st-3rd.** Stormy.

**4th-7th.** Fair, cold.

**8th-11th.** Light snow Nevada, Utah, much of northern Arizona.

**12th-15th.** Stormy weather redevelops.

**16th-19th.** Stormy conditions exit, drier, colder.

**20th-23rd.** Unsettled; some snow again for Nevada, Utah, northern Arizona.

**24th-27th.** Fair at first, then becoming stormy, with gales along California coast. Heavy snow (6-12") over mountains.

**28th-30th.** Storms sweep out, replaced by clearing.

#### December 2012

**1st-3rd.** Generally fair.

**4th-7th.** Fair, then showery from California east.

**8th-11th.** Fair, milder at first, then stormy weather sweeps in from Pacific; heavy rains for the valleys, heavy snows over mountains.

**12th-15th.** Drier, clearer conditions.

**16th-19th.** Mostly fair, then unsettled with light rain/snow.

**20th-23rd.** Fair, unseasonably cold.

**24th-27th.** Stormy, especially along California coast.

**28th-31st.** Turning mostly fair as the year comes to a close.

# For Sale



## The Grouse House ~~\$295,000~~

56843 Aspen Drive  
Ponderosa, CA 93265

*\$265,000.-*

5 bedroom, 3 bath home  
Main home 1536 square feet  
Plus 360 square foot room over garage  
Unfinished 3rd story 768 square feet,  
with sloping ceiling.

3 door garage 20' x 30'  
Large wrap around deck off back of house

House on .60± acre lot  
Sale includes adjoining .72 acre lot  
Both zoned R-3 Multiple Family Zone

### Also For Sale

2 adjoining lots fronting on Aspen Drive  
Zoned; Commercial/Recreational  
each lot \$35,000  
or for the pair \$65,000



Barbara Arnold 559-542-2360  
Owner/Broker Lic.#00848333

Julie Hansen  
8803 Brannock Court  
Bakersfield, Ca. 93313

Address Service Requested



## PPOA Board Members

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